

Ganohkwásra⁷

Family Assault Support Services

Ganohkwásra⁷ is a phrase in the Cayuga language meaning “Love Among Us.” Ganohkwásra⁷ was chosen as the name for a family violence program for our community because it is the goal we seek for all families, and it is through love among us that we, as a community, can put an end to family violence.

Mission

“To provide, through a non-profit charitable organization, for the stabilization, maintenance, revitalization and enhancement of the family structure in a culturally sensitive manner.”

Residential Services

Etíya' takenhas
(We Are Helping Them)
Shelter

Gayenawáhera⁷
(Helping Ourselves)
Next Step Housing

Tsi Tionkwatention A'noniwara Rason:ne
(My Home on Turtle Island)
Youth Lodge

Etíya'takenhas Shelter

The shelter program provides stabilization through a safe homelike atmosphere 24 hours a day, 7 days a week for individuals who are seeking safety from abuse and violence.

Gayenawáhera⁷ Next Step Housing

The Gayenawáhera⁷ program is for individuals who choose to live independently and violence free. Gayenawáhera⁷ offers services for maintenance, revitalization and enhancement for single parent families in safe, temporary housing.

Tsi Tionkwatention A'noniwara Rason:ne Youth Lodge

The Youth Lodge is an eight bed co-ed residence for youth ages 12-18 experiencing serious difficulties in their lives.

Community Counselling and Residential Services provide holistic programs based on Ogwehó:weh teachings that integrate the mind, body and spirit. The teachings combined with mainstream counselling techniques provide a basis for helping one to accept responsibility for their total being. Abusive behaviors and their generational sources are explored in a caring, non-judgmental way. The commitment to this holistic healing process may be long term, based on the needs of the individual.

All programs can respectfully achieve this through:

- Honouring Every Individual's Values & Beliefs
- Individual, Group and Crisis Counselling
- Advocacy & Referral Support
- Psychodramatic Bodywork
- Safe Emotional Release Work
- Art & Play Therapy Techniques

Community Counselling Services

Ah seh sa wa:doh
(New Beginning)

Women's Program

Gaodwiyá:noh
(They Take Care of Children)
Child & Youth Program

Saho⁷nikonríio⁷ ne
(His Mind, Body and Spirit Has Been Healed)
Men's Program

Community Counselling services provide programming for women, children, youth and men who have been abused, at risk for abuse and/or are abusive.

There is no fee requirement for community counselling.

- Traditional Teachings
- Massage
- Meditation & Relaxation Techniques
- Case Conferences
- Education and Awareness
- Energy Therapy Techniques

Transitional Support Services

Ge hé e go ye nai:wá⁷ e
(Helping You to Straighten Out Your Life)

The Transitional Support Worker will provide:

- Supportive consultation to individuals
- Long and short term transitional planning
- Safety planning
- Advocacy
- Referral assistance for:
 - legal services
 - housing services
 - medical services
 - employment and training
 - educational upgrading
 - income support
 - and other services

to individuals who are seeking violence free lives and holistic well being.

Individuals wishing to access this service are required to contact the Intake Worker.

To access any of the above services, contact our Intake Worker or our Crisis Line at 519-445-4324

Community Education Services

Ag gwa deh yé:is dah nih (We're Teaching Them)

The Community Education Program staff are available to inform the community of Ganohkwásra⁷ programs and services, the dynamics of family violence, related topics and it's effects on individuals; families and communities in a culturally sensitive manner. This is achieved through:

- Presentations
- Tours
- Research Library
- Coordination of Workshops, Seminars and Conferences
- Media Ads and Interviews
- Distribution of Resource Materials
- Brochures, Posters and Newsletters

Please call at least one month in advance for presentation requests.

Volunteer Program

Kayethka:rya⁷ ks (They Volunteer)

Volunteers are an integral part of our organization. Through the support of volunteers we are able to expand our services to our participants. Volunteers are utilized in the following areas:

- Driving
- Fitness Supervision
- Youth Groups
- Research
- Fundraising
- Childcare
- Library Services
- Men's Programming
- Public Relations
- Special Events

Volunteers receive extensive training so they can gain a better understanding of family violence and the effects it has on individuals, families and communities. Through caring and sharing volunteers become more understanding and capable of helping themselves and others to grow. For more information contact the Community Education Support Worker.

Language An Explanation

To further the cause of preserving our culture and our Native languages, each program area has embraced a Oḡwehó:weh name. The program names include Onondaga, Mohawk, Seneca, Cayuga, Oneida and Tuscarora to accommodate all of the six Iroquoian languages. Following are the Iroquoian words and the English translations. Also included are the phonetic pronunciations.

Etiya' takenhas (Oneida)
We Are Helping Them
sounds like: A tea ya da gen haus
Shelter

Gayenawáhera⁷ (Cayuga)
Helping Ourselves
sounds like: guy yen a wa shra
Next Step Housing

Tai Tionkwatention A'noniwara Rasonine (Mohawk)
My Home on Turtle Island
sounds like: gee djo gwa den djo a nu wa la la soon nay
Youth Lodge

Ah seh sa waidoh (Onondaga)
New Beginning
sounds like: a seh sa wah doh
Women's Program

Gaodwiyáinoh (Cayuga)
They Take Care of Children
sounds like: gao dwee ya no
Child & Youth Program

Saho⁷ nikonri: io⁷ ne (Mohawk)
His Mind, Body and Spirit Has Been Healed
sounds like: sa ho nee go lee yo nay
Men's Program

Ge hé e go ye naiwá⁷ s (Onondaga)
Helping You to Straighten Out Your Life
sounds like: gay hay eh go yeh na wes
Transitional Support Services

Ag gwa deh yé:is dah nih (Seneca)
We're Teaching Them
sounds like: ag gwa day yes dah nih
Community Education

Kayethka:rya⁷ ks (Tuscarora)
They Volunteer
sounds like: guy yet heh ga ree yaw ks
Volunteer Program

Board of Directors

Mary Monture Chairperson
Alice Bomberry Secretary/Treasurer
Shirley Farmer Member
Claudette General Member
Rebecca Harrison Member
Elizabeth Williams Member
Wanda Smith Member
Belva Monture Member
Six Nations Band Council Representative Member
New Credit Band Council Representative Member
Confederacy Council Representative Vacant

Quotes From Participants

"It's a good place to live"
"I don't feel crazy any more"
"I trust"
"I see what I couldn't see before"
"I'm discovering who I am and developing inner peace"
"Someone was here to listen, encourage and respect my decisions"
"Now I'm able to recognize abusive situations and I now have the tools to protect myself from abuse"
"Life is very humbling"



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www.ganohkwasra.com

• 24 Hour Crisis Line
519-445-4324

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519-445-4324
24 Hour Crisis Line

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